

**UNITED STATES JUDO INC.
SPORTS MEDICINE SUBCOMMITTEE**

Annual Meeting Minutes

April 28, 2004

CALL TO ORDER: Chairman Robert S. Nishime, MD at 4:10 PM, called the meeting to order on October 09, 2003 at the Red Lion Hotel and Convention Center, San Diego, California. The minutes from the biannual meeting of October 2003 in Las Vegas, Nevada were reviewed and approved with no amendments or corrections.

MEMBERS PRESENT: Takenari Asanuma, Richard A. Cirone MD, Joseph J. Fitzsimmons MD, Eitan Gelber ATC, Masi Higuchi, Peter Kim MD, Robert S. Nishime MD, Greg T. Olson DC, Doug Uyeda PT; Excused: Craig Gelfound DC, Jonathan Knight MD, Ricardo Nieves MD.

OBSERVERS: Neil Kozerowitz, Felix Lanier, Mac Takeda, S. Keith Watanabe, Derrick Wellman, Dave Williams (Athletes Representative), Wayne Cunningham.

REPORTS: Dr. Robert Nishime submitted his team physician's report for the USA Team from the 2004 German Open in Hamburg, Germany. The medical summaries were duly noted and well received.

ANTI-DOPING: There will be doping control by the USADA at this tournament.

OLD BUSINESS: There is ongoing development of a Judo specific First Aid course for Coaches and Referees covering common Judo related injuries and items such as: head injuries, sprains and strains, Judo related eye injuries other common Judo injuries universal precautions and appropriate follow up. A power point draft of this program will be presented at tomorrow's general meeting.

NEW BUSINESS:

USA Judo Sports Medicine Subcommittee requests that for all A level international events (preferably for all events) a qualified doctor and a certified athletic trainer (ATC) both be sent to provide the highest level of care for our athletes.

USA Judo Sports Medicine Subcommittee recommends that a quality digital scale be brought along with all internationally traveling teams. The subcommittee will contact certain vendors to see if one can be donated to USA Judo.

USA Judo Sports Medicine Subcommittee continues to take the position regarding blood and bodily fluids that all universal precautions should be followed during practice sessions and competitions. IJF policy should also be adhered to. If there is potential blood or bodily fluid exchange, each participant should be advised to contact their personal physicians as soon as possible for further evaluation, recommendations, and treatment. Our current policy was reviewed and additional policy regarding Hepatitis C was added. This policy statement will be submitted to USJI's Law and Legislation for formal approval.

USA Judo Sports Medicine Subcommittee conducted an extensive discussion on head injuries and concussions. Our current policy statement will be submitted to USJI's Law and Legislation for formal approval. Additionally there was discussion of adding a written acknowledgement of any recent head injury by the athlete, parent, or guardian.

USA Judo Sports Medicine Subcommittee reviewed its current athlete release/disclosure of protected health information form. A line for parental/guardian consent will be added. This form will be submitted to USJI's Law and Legislation for formal approval to be attached to tournament entry packets.

USA Judo Sports Medicine Subcommittee reviewed the Team Travel Precautions statement.

CONTINUING EDUCATION:

An excellent seminar on the classic Kappo resuscitation techniques was presented by Mr. Takenari Asanuma, Mr. Masi Higuchi, and company from the Tokyo College of Judo/Seifuku Therapy. This was very well received. There was also an in depth discussion on the health issues, safety, and existing medical studies of shime-waza or strangle-holds.

PROGRESS REPORTS: No additional reports submitted.

ADJOURNMENT